



ANGEL FOOD MINISTRY

"A food ministry with a servant's heart."

GREETINGS from Angel Food Ministries!

We're glad you are considering participating with us. We hope that this ministry is a blessing to you. Please feel free to share any questions or comments you have regarding Angel Food Ministries with us.

If you regularly attend another church please tell your friends there about Angel Food. If you do not attend church regularly we would like to invite you to worship here at the Harmony Zelenople United Methodist Church.

You will receive the next months' menu when you pick up your order. You can also purchase next months order at that time. If you are ordering by mail please address it in care of AFM and include a self-address stamped envelope. Your mail order must reach us prior to November 52009. You **MUST** bring your receipt to pick up your order.

UP TO 50% OFF GROCERIES EVERY MONTH Regardless of income.

Let us help you with the increasing cost of putting dinner on your table.

Order Dates at HZUMC:

Thurs. November 5th, 5:30-7:30 PM

Sat. November 7th, 10:00-3:00 PM - Last Day to Place Order

No orders will be taken on Sunday

DISTRIBUTION DAY

Between 8:00 – 9:30 AM, Saturday, November 14th, 2009, at HZUMC Lobby

**** Order & Pick-Up Site ****

Harmony-Zelenople United Methodist Church

123 N. Pittsburgh St., Zelenople, PA 16063

www.angelfoodministries.com / www.hzumc.org

NOTE: There will be **NO** refunds or credits if your order is not picked up on the Saturday distribution day. It will be donated to our food pantry.

You **MUST** bring your receipt, a large box, laundry basket, or cooler when picking up your food on distribution day!

Personal Checks not accepted!

Order Form

Name: _____

Address: _____

Phone: _____

Email: _____

Date: _____

Please fill in date order is placed.

Regular: _____ x \$30.00 = _____

Senior: _____ x \$28.00 = _____

Allergen Free: _____ x \$23.00 = _____

Special 1: _____ x \$23.00 = _____

Meat Grill box

Special 2: _____ x \$22.00 = _____

Asst Meat & Chicken

Special #3: _____ x \$21.00 = _____

Boneless Chicken Breast

Special #4: _____ x \$22.00 = _____

Fresh Fruit & Veggie Box

TOTAL _____

Please pay when placing order by:

- Cash or Money Order
- Food Stamps
- Debit & Credit Cards online @ www.agnelfoodministries.com

November 2009~Regular Menu

All this for \$30.00. Each item listed below is included in each order:

1.5 lb. Ribeye Steaks (3 x 8 oz.)*
1 lb. Boneless Center Cut Pork Chops (4 x 4 oz.)
2 lb. Chicken Fried Rice Skillet Meal
(All White Chicken Meat Rice Vegetables with Egg and Gourmet Teriyaki Sauce)
22 oz. Lasagna with Meat Sauce
22 oz. Breaded Fish Patties (5 ct.)
1 lb. Lean Ground Beef
1.5 lb. Breaded Chicken Breast Fillet
1 lb. Frozen Zucchini
1 lb. Frozen Cauliflower Florets
1 lb. Frozen Broccoli Florets
1 lb. Hash Brown Patties (7 ct.)
8 oz. Breakfast Cereal
2 lb. bag Fresh Onions
32 oz. 2% Shelf Stable Milk
Dozen Eggs
Dessert

5 LBS Allergen-Free Food Box \$23.00

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

Each item listed below is included in each order:

1 lb. Breaded Chicken Fillet Patties
1 lb. Breaded Chicken Tenders
1 lb. Breaded Chicken Nuggets
1 lb. Breaded Steak Fingers
1 lb. Breaded Chicken Wings

Battered/Breaded with water, white rice, brown rice, modified tapioca, starch, flax seedm sugar, salt, spices, dehydrated garlic, spice extractives, Breeding and oleoresin paprika. Breeding is pre-browned in Canola oil.

Note: Angel Food Ministries reserves the right to replace items on the menu due to availability.

November Specials

These may now be ordered WITHOUT ordering a Regular, Senior or Allergen Free Box.

No limits on the following specials once a regular \$30.00 Food Box is purchased:

SPECIAL #1 \$23.00

7 lb. Assorted Meat Grill Box
1.5 lb New York Strip Steaks (2 x 12 oz.)
2 lb. Boston Butt Chops (4 x 8 oz.)
2 lb. Lean Hamburger Steaks (4 x 8 oz.)
1.5 lb Italian Sausage with Cheese

SPECIAL #2 \$22.00

5 lb. Assorted Meat and Chicken Combo

2 lb. Sirloin Steak Strips (4 x 8 oz.)
1.5 lb. Bacon Wrapped Beef Fillet (4 x 6 oz.)
1.5 lb. Bacon Wrapped Chicken Fillet (4 x 6 oz.)

SPECIAL #3 \$21.00

10 lb. Boneless/Skinless Chicken Breast Box
10 lbs. IQF Boneless/Skinless Chicken Breasts

SPECIAL #4 \$22.00

Premium Fresh Fruit and Veggie Box
1 Stalk California Celery
3 lb. New Crop North Carolina Sweet Potatoes
3 lb. New Crop Idaho Potatoes
1 head Fresh Leafy Green Cabbage
1 lb. California Carrots
3 lb. Tree Ripened Juice Oranges
3 lb. New Crop Red Delicious Apples
1 (8 oz.) bag New Crop Georgia Grown Shelled
Pecan Halves
4 Washington State Bosc Pears
1 (12 oz.) 100% Pure Sweet Honey Bear
2 New Crop Ruby Red Grapefruit

SENIOR & CONVENIENCE MEALS \$28.00

For Seniors or People on the Go!

Ten perfectly seasoned nutritionally balanced fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind and contains 3 oz. of protein starch & two vegetables or fruit.

- Sliced Turkey & Dressing with Gravy corn and green bean/cranberry blend
- Macaroni & Beef with noodle carrots zucchini/red pepper
- Country Herb Chicken with mashed potatoes broccoli and green bean blend
- Macaroni & Cheese with broccoli and lima beans
- Beef Stew with Carrots & Potatoes Brussels sprouts and corn/red pepper blend
- Sweet & Sour Chicken with rice sugar snap peas and carrots
- Mesquite Chicken with rice/black bean blend carrots and green beans
- Chicken & Rice with Mushroom Sauce green beans and black bean/corn blend
- Charbroiled Beef Patty with mashed potatoes gravy carrots and corn blend
- Lemon Pepper Baked Fish with rice peas and zucchini/red pepper blend
- Desserts: Assorted Cookies Mixed Fruit Cup Applesauce Nature Valley Bar Cranberry Juice Cocktail Pineapple Juice

For information call Scott Eldridge at 724-452-4295 or Carl and Lynda Johnston at 724-452-0655.